



Little Apples Pre-School

Curriculum Evening
Welcome!

Aims and Objectives

- Outline our curriculum approach at Little Apples
- EYFS Curriculum Goals
- Little Wandle Foundations
- White Rose Maths for Nursery
- Interoception and emotional regulation



Curriculum Approach

‘Play is the highest form of research’

Albert Einstein



- Transition to Reception
 - Learning Behaviours (self-care skills, independence, resilience, emotional regulation)
 - Language
 - Phonics
 - Maths
- Caterpillars (2027) and Butterflies (2026)
- EYFS Statutory Framework
- Little Apples Curriculum Goals (see handout)
- Little Wandle
- White Rose Maths

EYFS



- Playing and Exploring
- Active Learning
- Creating and Thinking Critically

English, mathematics, science, modern foreign languages, music and personal, social and health education

English - spoken language, science, personal, social and health education, citizenship, relationships and health education, computing, design and technology, physical education and religious education

English (writing), physical education, art, music, design and technology, personal, social and health education and computing

Personal, Social and Emotional Development

Physical Development

Characteristics of Effective Teaching and Learning

Communication and Language

Expressive Arts and Design

English, art, design and technology, music, physical education and computing

Literacy

Mathematics

Understanding the World

English and all subjects that involve reading and writing

mathematics, computing and geography

English (spoken language and reading), science, history, geography, religious education, computing, design and technology and personal, social and health education

Little Apples Curriculum Goals



‘The goal of early childhood education should be to activate the child’s own natural desire to learn’

Maria Montessori

- Developed from the EYFS Framework
- [9 Goals](#)
- Progress from Little Apples into Pippins



EYFS Curriculum Goals



Little Wandle Foundations



‘When parents introduce their child to nursery rhymes it is most unlikely that eventual success in reading is in their minds. Yet...early knowledge of nursery rhymes plays a considerable role in preparing the child for reading and spelling.’

Bryant et al 1989

- Pre-phonics
- Rhyme Time – 3 minutes max
- Sound Focus – 3 minutes max
- Blending Focus – 3 minutes max
- Progression to Reception

Little Wandle Foundations

- Rhyme Time – Which Words Rhyme?



Foundations for phonics



Which word rhymes?



Little Wandle Foundations



- Rhyme Time – Odd One Out (alliteration)

Foundations for phonics

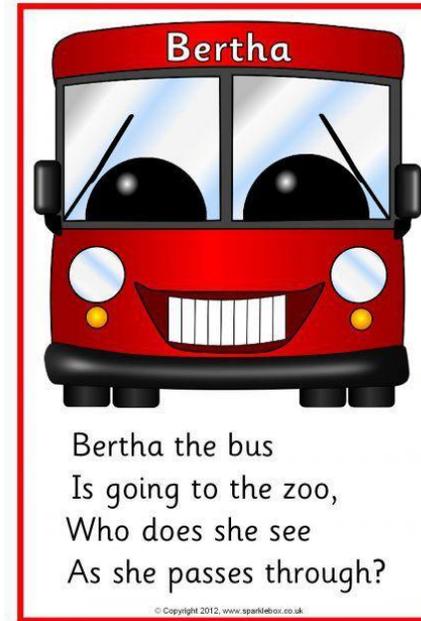
Little
Wandle
Foundations

bbb Odd one out



Little Wandle Foundations

- Sound Focus
 - What's in the Box?
 - Bertha the Bus
 - Name Play
- Blending Focus
 - Blend from the Box
 - What's that noise?
 - Can you do the actions?
 - Can you touch your?



Little Wandle Letters and Sounds

White Rose Maths - Nursery



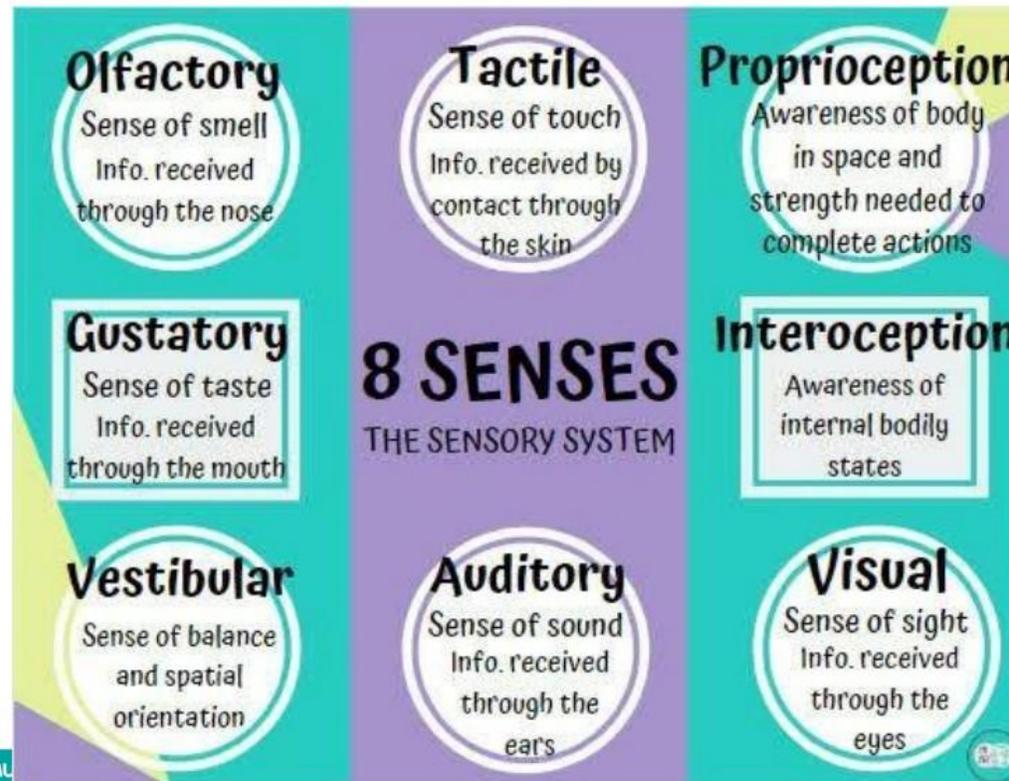
- Mastery approach
 - Based on the approach of countries in South Asia
 - Improves skills and confidence
 - Small, logical steps
 - Uses concrete resources, stories, rhymes and pictures
- What does it look like in Little Apples?
 - Crackers at snack – more than, fewer than, the same
 - Sing Number Names in a variety of songs
 - Use rhyme to show number on fingers – e.g. ‘Three Little Ducks’
 - Notice 1, 2 and 3 – fast eyes! Subitising (seeing how many without counting)
 - Pattern

Interoception and Emotional Regulation



Buckinghamshire Healthcare
NHS Trust

A recap of the senses



OUTSTANDING CARE

HEALTHY COMMU

AND A GREAT PLACE TO WORK

Interoception and Emotional Regulation

- Interoception is our body's sense
- Responsible for recognising things like hunger, temperature, needing the toilet, and emotions
- Research is clear that people with better interoceptive awareness (IA) are better able to regulate their emotions
- Whole-school interoception day and approach - starting in LA's
- You can help by helping them label body sensations, and by modelling recognising your own. E.g 'you look a bit red, I think you might be feeling hot', or 'my tummy is making a rumbling noise, that means I am hungry'.

Little Apples Pre-School



Any Questions?

Thank you for joining us!